

## DUTCHESS COUNTY TRAILS

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TYPE	NAME	ADDITIONAL INFORMATION	
PP	Madam Brett Park Scenic Hudson	Beacon 845-831-6533	Easy 1 mi. Fishkill Creek; waterfall, tidal marsh <a href="http://www.scenichudson.org">www.scenichudson.org</a>
PP	Stony Kill Farm NYS DEC	Wappingers Falls	Easy 8.5 mi. Working Farm; woods, meadows, ADA <a href="http://www.dec.ny.gov/education/1833.html">http://www.dec.ny.gov/education/1833.html</a>
PP	Bowdoin Park Dutchess County Parks	Wappingers	3 Easy trails, 7 mi. <a href="http://www.dutchessny.gov/CountyGov/Departments/DPW-Parks/PPbowdoin.htm">http://www.dutchessny.gov/CountyGov/Departments/DPW-Parks/PPbowdoin.htm</a>
PP	Poet's Walk Park Scenic Hudson	Red Hook 845-473-4440	Easy 1.5 mi. Landscape park: woods, fields, river views <a href="http://www.scenichudson.org/">http://www.scenichudson.org/</a>
PP	Burger Hill Park Scenic Hudson; Winnakee Land Trust	Rhinebeck	Moderate 0.5 mi offers panoramic views <a href="http://www.scenichudson.org/whatyoucando/visitourparks/burgerhill">http://www.scenichudson.org/whatyoucando/visitourparks/burgerhill</a>
PP	Tivoli Bays	Annandale	4 easy marked trails, 3.5 mi. <a href="http://inside.bard.edu/archaeology/tivolibays/map_large.html">http://inside.bard.edu/archaeology/tivolibays/map_large.html</a>
PP	Vassar College Farm Vassar College	Poughkeepsie	500 acre Farm, easy 2.5 mi. <a href="http://adminstaff.vassar.edu/lohorst/index.html">http://adminstaff.vassar.edu/lohorst/index.html</a>
PP	Reese Sanctuary Putnam Highlands Audubon Society	New Hamburg	easy trails
PP	Reese Park	Town of Wappinger	845-297-7026
PP	Ferndale Forest Preserve	Rhinebeck 845-876-3196	192 acres; old growth forest, firetower <a href="http://ferndale_forest.villageofrhinebeck.info/">http://ferndale_forest.villageofrhinebeck.info/</a>
PP	Manitou Point Preserve Scenic Hudson/OSI	Manitou 845-473-4440	Easy, 1.5 mi.
PP	Thomas J. Boyce Park Town of Dover	Wingdale 845-832-9168	Moderate, 3.0 mi.
PP	Nellie Hill Nature Preserve Nature Conservancy	Dover	Easy 1.3 mi 144 acres; woodlands and pocket meadows <a href="http://www.nature.org/wherewework/northamerica/states/newyork/preserves/art12203.html">http://www.nature.org/wherewework/northamerica/states/newyork/preserves/art12203.html</a>
PP	Wappingers Greenway Trail Scenic Hudson	Wappingers 845-473-4440	Moderate 10.7 mi figure-8 loop along Creek <a href="http://www.scenichudson.org/whatyoucando/visitourparks">http://www.scenichudson.org/whatyoucando/visitourparks</a>
PP	Wappingers Creek Trail	LaGrange	Easy 1.0 mi along Wappingers Creek
PP	Cary Institute of Ecosystem Studies Cary Institute of Ecosystem Studies	Millbrook	Easy 2.5 mi: woods, meadows, along Wappingers Creek <a href="http://www.ecostudies.org/hiking-trails.html">http://www.ecostudies.org/hiking-trails.html</a>
PP	Buttercup Farm Sanctuary Audubon	Stanford 518-325-5203	Easy 6 mi, in 500 diverse acres <a href="http://ny.audubon.org/CentersEdu_RheinstromHill.html">http://ny.audubon.org/CentersEdu_RheinstromHill.html</a>
PP	Stissing Mountain Forest Preserve Nature Conservancy; NYS DEC	Pine Plains	Difficult 2.7 mi; 3 trails; firetower at summit <a href="http://www.nature.org/wherewework/northamerica/states/newyork/contact/">http://www.nature.org/wherewework/northamerica/states/newyork/contact/</a>
PP	Thompson Pond Nature Conservancy	Pine Plains	Easy 2.7 mi 2 marked trails <a href="http://www.nature.org/wherewework/northamerica/states/newyork/contact/">http://www.nature.org/wherewework/northamerica/states/newyork/contact/</a>
PP	Wilcox Park Dutchess County Parks	Pine Plains	Moderate, 5.7 mi. 5 trails
PP	Winnakee Nature Preserve Winnakee Nature Preserve Hyde Park Trails	Hyde Park	5 easy marked trails, 2 miles <a href="http://www.winnakeeland.org/">http://www.winnakeeland.org/</a> <a href="http://www.hydeparkny.us/recreation/trails/TrailsWinakee.shtml">http://www.hydeparkny.us/recreation/trails/TrailsWinakee.shtml</a>
PP	Town of LaGrange Freedom Park Town of LaGrange	LaGrange	Easy 1 mi. <a href="http://www.lagrangeny.org/freedom_park.cfm">http://www.lagrangeny.org/freedom_park.cfm</a>
PP	Innisfree Garden Innisfree Garden	Millbrook 845-677-8000	150-acre public garden; easy 2.5 mi. <a href="http://www.innisfreegarden.org">www.innisfreegarden.org</a>
PP	Hyde Park Trail Hyde Park Recreation Dept	Hyde Park	Moderate, 10 mi., 9 marked trails <a href="http://www.hydeparkny.us/recreation/trails">http://www.hydeparkny.us/recreation/trails</a>

## DUTCHESS COUNTY TRAILS

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TYPE	NAME	LOCATION
<b>PP</b>	<b>FISHKILL RIDGE</b>	<b>Beacon</b>
At 1,900 acres this is the largest property preserved by Scenic Hudson, protecting natural treasures sometimes hidden in the Hudson River Valley		
CONTACT	PHONE	WEBSITE
<b>Scenic Hudson</b>	845-473-4440	<a href="http://www.scenichudson.org/search/node/fishkill+ridge">http://www.scenichudson.org/search/node/fishkill+ridge</a>
<b>Trails on the Fishkill Ridge</b>		
TRAIL NAME	DIFFICULTY	MILEAGE
Mount Beacon Trail	D	1.0
Fishkill Ridge Trail	D	11.5
Overlook Trail	D	1.7
MAPS	East Hudson Trails Three-Map Set - May 2008 8th ed.	
OTHER RESOURCES	New York Walk Book	

TYPE	NAME	LOCATION
<b>PP</b>	<b>PAWLING NATURE RESERVE</b>	<b>Pawling; direct RR access</b>
The preserve is a microcosm of diverse natural communities with stunning views of Great Swamp and Harlem Valley.		
CONTACT	PHONE	
<b>Nature Conservancy</b>	914-244-3271	
<a href="http://www.nature.org/wherework/northamerica/states/newyork/contact/">http://www.nature.org/wherework/northamerica/states/newyork/contact/</a>		
<b>Trails in Pawling Preserve; total 7 miles</b>		
TRAIL NAME	DIFFICULTY	MILEAGE
Blue Trail	M	2.0
Green Trail	M	0.6
Yellow Trail (A)	M	0.6
Yellow Trail (B)	M	0.7
Orange Trail	M	0.7
Red Trail	M	2.4
OTHER RESOURCES	New York Walk Book; Weekend Walks	

TYPE	NAME	ADDITIONAL INFORMATION
<b>RT</b>	<b>HARLEM VALLEY RAIL TRAIL</b>	Wassaic to Millerton; Easy 10.8 paved
	HVRT Association	518-789-9591 <a href="http://www.hvrt.org/">http://www.hvrt.org/</a>
<b>RT</b>	<b>DUTCHESS COUNTY RAIL TRAIL</b>	Poughkeepsie 12 miles; partially open in spring 2008
	Dutchess County	<a href="http://www.dutchesscountytrails.com/">http://www.dutchesscountytrails.com/</a>

TYPE	NAME	ADDITIONAL INFORMATION
<b>LDT</b>	<b>APPALACHIAN TRAIL</b>	East Fishkill to Dover Difficult 28.9 mi
	Appalachian Trail Conservancy	<a href="http://www.appalachiantrail.org/">www.appalachiantrail.org/</a>
	Appalachian Trail Guide to New York - New Jersey (w/4 maps) 16th ed. 2007	ATC
		50 Hikes in Lower Hudson Valley

TYPE	NAME	LOCATION
<b>UP</b>	<b>Poughkeepsie Rural Cemetery</b>	Poughkeepsie
		Easy 1 mile urban walk; Hudson River views

## DUTCHESS COUNTY TRAILS

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TYPE	NAME	LOCATION
<b>SP</b>	<b>HUDSON HIGHLANDS STATE PAR</b>	<b>Fishkill</b>
		<b>Rugged, challenging trails</b>
		The park's trails lead along the river and to the interior of the Highlands
	<b>CONTACT</b>	<b>PHONE WEBSITE</b>
	<b>NYS OPRHP</b>	914-244-3271 <a href="http://nysparks.state.ny.us/parks/info.asp?parkID=130">http://nysparks.state.ny.us/parks/info.asp?parkID=130</a>
	<b>Trails in Hudson Highlands State Park</b>	
	<b>TRAIL NAME</b>	<b>DIFFICULTY MILEAGE</b>
	Breakneck Bypass Trail	D 0.8
	Notch Trail	D 1.5
	Wilkinson Memorial Trail	D 9.5
	Denning's Point	E 1.2
		<a href="http://www.nysparks.org">http://www.nysparks.org</a> 845-831-6666 acre park along Hudson River
	<b>MAPS</b>	<a href="#">East Hudson Trails Three-Map Set - May 2008 8th ed.</a>
	<b>OTHER RESOURCES</b>	New York Walk Book
<b>SP</b>	<b>TACONIC STATE PARK</b>	<b>Copake Falls</b>
	<b>CONTACT</b>	<b>PHONE WEBSITE</b>
	NY OPRHP Taconic Region	518-329-3993 <a href="http://nysparks.state.ny.us/parks/info.asp?parkId=137">http://nysparks.state.ny.us/parks/info.asp?parkId=137</a>
	South Taconic Trail	Difficult 2 mi. to Brace Mountain (Highest Point in Dutchess County)
	<b>MAPS</b>	<a href="#">South Taconic Trails One Map - May 2006. 2nd ed.</a>
<b>SP</b>	<b>MILLS NORRIE STATE PARK</b>	Staatsburg Easy 10.0 mi.
	NYS OPRHP	
<b>SP</b>	<b>JAMES BAIRD STATE PARK</b>	<b>LaGrange Moderate, 7 mi. wooded trails</b>
	NY OPRHP Taconic region	845-889-4646 <a href="http://www.nysparks.com/parks/info.asp?parkId=133">http://www.nysparks.com/parks/info.asp?parkId=133</a>

TYPE	NAME	ADDITIONAL INFORMATION
<b>HS</b>	Locust Grove	Poughkeepsie Easy 3 mi.
	Samuel Morse Historic Site	845-454-4500 <a href="http://www.lgny.org/">http://www.lgny.org/</a>
<b>HS</b>	FDR National Historic Site	Hyde Park Moderate 3 mi.
	NPS	845-454-4500 <a href="http://www.nps.gov/hofr/">http://www.nps.gov/hofr/</a>
<b>HS</b>	Val-Kill Historic Site	Hyde Park Easy 2 mi., 2 woods trails
	NPS	800-337-8474 <a href="http://www.nps.gov/elro/">http://www.nps.gov/elro/</a>
<b>HS</b>	Vanderbilt Mansion	Hyde Park Easy 2.8 mi.
	NPS	845-229-9115 <a href="http://www.nps.gov/vama/">http://www.nps.gov/vama/</a>
<b>HS</b>	Montgomery Place	Annandale Easy 0.9 mi, gardens, river view
	Historic Hudson Valley	845-758-5264 <a href="http://www.hudsonvalley.org/content/view/16/46/">http://www.hudsonvalley.org/content/view/16/46/</a>

Note: SP=State Parklands; HS=Historic Site; RT=Rail Trail; UT=Urban Trails;  
 PP=Park/Preserve; LDT=Long Distance Trail

# ORANGE COUNTY TRAILS

TYPE	NAME	LOCATION
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**PP BLACK ROCK FOREST PRESERVE** **Cornwall**

This 3,800-acre preserve is a working research forest. Its extensive trail network is open to the public and provides a varied sampling of forest communities, peaceful reservoirs surrounded by rugged terrain and abundant wildlife.

CONTACT	PHONE	WEBSITE
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Science and Education Center	845-534-4517	<a href="http://www.blackrockforest.org/">http://www.blackrockforest.org/</a>
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Trails in Black Rock Forest: total miles 22.9;  
there are also many miles of unmarked woods roads

TRAIL NAME	DIFFICULTY	MILEAGE
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Arthur Trail	M	0.7
Black Rock Hollow Trail	D	1.5
Chatfield Trail	D	0.7
Compartment Trail	D	1.1
Duggan Trail	D	0.4
Eagle Cliff Trail	D	0.1
Hill of Pines Trail	D	0.6
Ledge Trail	D	0.3
Mine Hill Trail	D	0.2
Reservoir Trail	M	0.5
Rut Trail	D	0.2
Ryersen Trail	D	0.3
Scenic/Highlands Trail	D	5.9
Secor Trail	M	0.3
Shortcut Trail	M	0.4
Split Rock Trail	M	0.4
Spy Rock Trail	M	0.2
Stillman/Highlands Trail	D	5.3
Stopel Trail	M	0.2
Swamp Trail	M	0.5
Tower Vue Trail	D	0.7
White Oak Trail	D	1.2

**MAPS** <http://www.blackrockforest.org/html-files/imagemap.html>

[West Hudson Trails Two-Map - May 2006 4th ed.](#)

**OTHER RESOURCES** New York Walk Book

TYPE	NAME	LOCATION
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**SP SCHUNNEMUNK MOUNTAIN STATE PARK**

Cornwall/ Woodbury/Monroe/Blooming Grove

CONTACT	PHONE	WEBSITE
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<b>PIPC</b>	845-786-2701	<a href="http://nysparks.state.ny.us/parks/info.asp?parkId=55">http://nysparks.state.ny.us/parks/info.asp?parkId=55</a>
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**Trails on Schunemunk Mountain: total miles 26.2**

Barton Swamp Trail	M	2.1
Dark Hollow Trail	D	1.6
Jessup/Highlands Trail	D	8.6
Long Path	D	6.9
Otterkill Trail	M	2.2
Trestle Trail	D	1.4
Sweet Clover Trail	D	2.8
Western Ridge Trail	D	0.6

**MAPS** [West Hudson Trails Two-Map - May 2006 4th ed.](#)

**OTHER RESOURCES** New York Walk Book

## ORANGE COUNTY TRAILS

TYPE	NAME	LOCATION
<b>SP</b>	<b>STORM KING STATE PARK</b>	Cornwall, Cornwall-on-Hudson
very rugged trails, Hudson River views		
CONTACT	PHONE	WEBSITE
<b>PIPC/NY-NJ TC</b>	845-786-2701	<a href="http://nysparks.state.ny.us/parks/info.asp?parkId=65">http://nysparks.state.ny.us/parks/info.asp?parkId=65</a>
<b>Trails in Storm King Mountain: total miles 10.4</b>		
TRAIL NAME	DIFFICULTY	MILEAGE
Bluebird Trail	D	0.6
Bobcat Trail	D	0.4
By-Pass Trail	D	0.4
Howell Trail	D	3.6
Stillman/Highlands Trail	D	3.3
Stillman Springs Trail	D	0.7
Highlands Trail	D	1.4
MAPS	<a href="#">West Hudson Trails Two-Map - May 2006 4th ed.</a>	
OTHER RESOURCES	New York Walk Book	

TYPE	NAME	LOCATION
<b>SP</b>	<b>STERLING FOREST© STATE PARK</b>	<b>Tuxedo NY</b>
Historic mining region with rugged landscapes and varied ecosystems		
CONTACT	PHONE	WEBSITE
<b>PIPC</b>	845-786-2701	<a href="http://nysparks.state.ny.us/parks/info.asp?parkId=81">http://nysparks.state.ny.us/parks/info.asp?parkId=81</a>
<b>Trails in Sterling Forest. Total miles 45.1</b>		
TRAIL NAME	DIFFICULTY	MILEAGE
Allis/Highlands Trail	D	4.1
Fire Tower Trail	D	5.5
Furnace Loop	M	1.6
Indian Hill Trail	D	3.6
Sterling Ridge/Highlands Trail	D	8.6
Lakeville Iron Trail	M	2.0
Long Meadow Trail	M	1.7
Sapphire Trail	M	2.6
Lake to Lake Trail	D	5.1
West Valley Trail	M	2.6
Sterling Lake Loop	E	4.2
Wildcat Mountain Trail	M	3.5
MAPS	Sterling Forest Trails One-Map - June 2005 3rd ed.	
OTHER RESOURCES	New York Walk Book	

TYPE	NAME	LOCATION
<b>SP</b>	<b>GOOSE POND MOUNTAIN STATE</b>	Chester
Mostly unmarked trails used by equestrians and mountain bikes		
CONTACT	PHONE	WEBSITE
<b>PIPC</b>	845-786-2701	<a href="http://nysparks.state.ny.us/parks/info.asp?parkId=56">http://nysparks.state.ny.us/parks/info.asp?parkId=56</a>
TRAIL NAME	DIFFICULTY	MILEAGE
Highlands Trail	E	1.6
Goose Pond Mountain Wetlands	E	0.3
		<a href="http://www.nynjtc.org/trails/highlands/hi-lands.html">http://www.nynjtc.org/trails/highlands/hi-lands.html</a> easy boardwalk
OTHER RESOURCES	New York Walk Book	

TYPE	NAME	LOCATION
<b>SP</b>	Highlands Lakes SP	Wawayanda PIPC
4.1 miles of the Long Path Guide to the Long Path. May 2002. 5th ed. Revised 2005. Herb Chong TC		

## ORANGE COUNTY TRAILS

TYPE	NAME	LOCATION
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**SP BEAR MOUNTAIN/HARRIMAN STATE PARK** **Bear Mountain, Tuxedo, Arden**  
 One of the most popular of the state parks, it features rugged terrain, many viewpoints, lakes, mines, and its many trails offer great variety for hiking experiences and abilities

CONTACT	PHONE	WEBSITE
<b>PIPC/NY-NJ TC</b>	845-786-2701	<a href="http://nysparks.state.ny.us/parks/info.asp?parkId=143">http://nysparks.state.ny.us/parks/info.asp?parkId=143</a>

**Trails in Bear Mountain/Harriman; total miles 63.0**

TRAIL NAME	DIFFICULTY	MILEAGE
Anthony Wayne Trail	D	2.8
Dunning Trail	D	3.8
Major Welch Trail	D	2.6
Menomie Trail	D	2.9
Nurian Trail	M	3.4
Popolopen Gorge Trail	D	4.5
Arden Surebridge Trail	D	6.3
1777 Trail (pt)	D	5.3
1779 Trail (pt)	D	4.3
Bue Disc Trail (pt)	D	1.4
Ramapo-Dunderberg Trail (pt)	D	11.0
Red Cross Trail (pt)	D	2.6
Timp-Torne Trail (pt)	D	5.6
Triangle Trail (pt)	D	2.7
White Bar Trail (pt)	D	3.8

<b>MAPS</b>	Harriman-Bear Mountain Trails Two-Map Set - 2007 11th ed.
<b>OTHER RESOURCES</b>	New York Walk Book; Harriman Trails

TYPE	NAME	LOCATION
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**LDT Appalachian Trail** Bear Mountain to Greenwood Lake; difficult 36.5 miles  

CONTACT	WEBSITE
ATC/NY-NJ TC	<a href="http://www.appalachiantrail.org/">www.appalachiantrail.org/</a> Appalachian Trail Guide to New York - New Jersey (w/4 maps) 16th ed. 2007

TYPE	NAME	LOCATION
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**LDT Long Path** Harriman SP to Shawangunk Kill; Difficult 27.5 miles  

CONTACT	PHONE	WEBSITE
NY-NJ TC	201-512-9348	<a href="http://www.nynjtc.org/">www.nynjtc.org/</a>

TYPE	NAME	LOCATION
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**LDT Highlands Trail** Sterling Forest to Cornwa Difficult 44.6 miles  

CONTACT	PHONE	WEBSITE
NY-NJ TC	201-512-9348	<a href="http://www.nynjtc.org/trails/highlands/hi-lands.html">http://www.nynjtc.org/trails/highlands/hi-lands.html</a>

TYPE	NAME	LOCATION
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**LDT Shawangunk Ridge Trail** Port Jervis to Otisville, 14.5 miles, Huckleberry State Forest, abandoned RR  

CONTACT	PHONE	WEBSITE
NY-NJ TC	201-512-9348	<a href="http://www.nynjtc.org/">www.nynjtc.org/</a>
<b>MAPS</b>	<a href="http://nynjtc.org/news/2008/srtmap.html">http://nynjtc.org/news/2008/srtmap.html</a>	
<b>OTHER RESOURCES</b>	Long Path Guide	

TYPE	NAME	LOCATION
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**RT Orange Heritage Trail** Monroe to Goshen Easy 11.5 miles, paved and accessible  

CONTACT	PHONE	WEBSITE
Orange County Parks Parks and Trails New York	845-457-4900	<a href="http://www.orangecountygov.com/orgmain.asp?storyID=2709">http://www.orangecountygov.com/orgmain.asp?storyID=2709</a> <a href="http://www.ptny.org/newtrailfinder/orangetrailmain.html">http://www.ptny.org/newtrailfinder/orangetrailmain.html</a>

## ORANGE COUNTY TRAILS

TYPE	NAME	LOCATION	
RT	Delaware and Hudson Canal Towpat	Cuddebackville	Easy 2.5 miles; highlights operating canal features
	CONTACT	PHONE	WEBSITE
	Orange County Parks	845-754-7000	<a href="http://www.minisink.org/past.html">http://www.minisink.org/past.html</a>

TYPE	NAME	LOCATION	
UT	Newburgh Walking Tours	City of Newburgh	<a href="http://www.cityofnewburgh-n">www.cityofnewburgh-n</a> 845-569-7300
	TRAIL NAME	DIFFICULTY	MILEAGE
	Monumental Newburgh Trail	E	5.0
	Frederick Douglass Trail	E	3.0
	Colonial Terraces Walking Tour	E	1.0
	TRAIL NAME	DIFFICULTY	MILEAGE
UT	Trail of Two Cities	Newburgh	HRV Greenway Conservancy 518-473-3835
	4 mile loop historic district	E	7.9 <a href="http://www.hudsongreenway.state.ny.us/">http://www.hudsongreenway.state.ny.us/</a>
UT	Delaware River Heritage Trail	Port Jervis	Minisink Valley Historical Society 845/856-2375
	Erie RR/historic district	E	<a href="http://portjervisny.org/ariverru.htm">http://portjervisny.org/ariverru.htm</a>
UT	Highland Falls Greenway Trail	Highlands Falls	HRV Greenway Conservancy 518-473-3835
		E	<a href="http://www.hudsongreenway.state.ny.us/">http://www.hudsongreenway.state.ny.us/</a>

TYPE	NAME	LOCATION	
HS	Knox Headquarters NYS OPRHP	Vails Gate	Moderate 0.5 mile 845-561-5498 <a href="http://nysparks.state.ny.us/sites/info.asp?siteID=18">http://nysparks.state.ny.us/sites/info.asp?siteID=18</a>
HS	New Windsor Cantonement NYS OPRHP	New Windsor	Easy 0.5 mile 845-561-1765 <a href="http://nysparks.state.ny.us/sites/info.asp?siteID=20">http://nysparks.state.ny.us/sites/info.asp?siteID=20</a>
HS	Last Encampment of the Continental Army New Windsor Historic Society	Army	New Windsor Easy 9.5 mile, lookout platform
HS	Fort Montgomery Greenway Trail HRV Greenway Conservancy		Fort Mongomery Easy 2.3 mile 518-473-3835 <a href="http://www.hudsongreenway.state.ny.us/">http://www.hudsongreenway.state.ny.us/</a>
HS	West Point Greenway Trail HRV Greenway Conservancy	West Point	Easy 6.0 mile 518-473-3835 <a href="http://www.hudsongreenway.state.ny.us/">http://www.hudsongreenway.state.ny.us/</a>

TYPE	NAME	LOCATION	
PP	Kowawese Unique Area Orange County Parks/NYS DEC	New Windsor	Easy loop trail 1.8 miles 845-569-0963 <a href="http://orangecountygov.entrex.com/orgMain.asp?orgid=107&amp;SID=&amp;storyID=978">http://orangecountygov.entrex.com/orgMain.asp?orgid=107&amp;SID=&amp;storyID=978</a>
PP	Lenape Ledge Trail NY-NJ Trail Conference	Port Jervis	Moderate loop trail, 4.0 miles 201-512-9348 <a href="http://www.nynjtc.org/">www.nynjtc.org/</a>

Note: SP=State Parklands; HS=Historic Site; RT=Rail Trail; UT=Urban Trails;  
PP=Park/Preserve; LDT=Long Distance Trail

## PUTNAM COUNTY TRAILS

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TYPE	NAME	LOCATION
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**SP CLARENCE FAHNESTOCK SP** Rte 301 Carmel  
 14,000 acre all-season park featuring hiking, show-shoeing, and cross-country skiing.  
 Situated in the Highlands inland from the Hudson River the terrain is not as steep.

CONTACT	PHONE	WEBSITE
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NYSOPRHP -Taconic Region 845-225-7207 <http://nysparks.state.ny.us/parks/info.asp?parkId=129>

**Trails in Fahnestock SP: Total miles 38.1**

TRAIL NAME	DIFFICULTY	MILEAGE
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Cabot Trail	D	1.0
Candlewood Hill	D	2.1
Catfish Loop	D	3.6
Cedar Ridge Trail	D	0.8
Charcoal Burner's Trail	D	3.3
East Mountain Trail	D	1.5
Fahnestock Trail	D	7.3
Old Mine RR Trail	M	2.2
Pelton Pond Nature Trail	E	1.5
Perkins Trail	D	4.0
School Mountain Trail	D	4.1
Three Lakes Trail	D	4.8
Wiccopee Trail	D	1.9

<b>MAPS</b>	East Hudson Trails Three-Map Set - May 2008 8th ed.
<b>OTHER RESOURCES</b>	NY Walk Book

TYPE	NAME	LOCATION
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**SP HUDSON HIGHLANDS SP** Rte 9D Cold Spring  
 6,000 acres of parklands featuring some of the most challenging hikes in the region.  
 Transcendent views of the Hudson River where is a fjord carved by glaciers.

CONTACT	PHONE	WEBSITE
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NYSOPRHP Taconic Region 845-225-7207 [http://www.stateparks.com/udson\\_highlands.html](http://www.stateparks.com/udson_highlands.html)

**Trails in Hudson Highlands State Park**

TRAIL NAME	DIFFICULTY	MILEAGE
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Breakneck Ridge Trail	D	4.6
Brook Trail	D	0.9
Cornish Trail	D	1.0
Crossover Trail	D	0.3
Fishkill Ridge Trail	D	4.9
Lone Star Trail	D	1.0
Nelsonville Trail	D	2.6
Curry Pond	M	0.6
Overlook Trail	D	1.7
Split Rock Trail	D	0.3
Undercliff Trail	D	4.0
Washburn Trail	D	2.3
Sugarloaf Trail	D	1.6
Carriage Connector Trail	M	0.9
Osborn Loop	D	3.4
Arden Point	E	1.2

<b>MAPS</b>	East Hudson Trails Three-Map Set - May 2008 8th ed.
<b>OTHER RESOURCES</b>	NY Walk Book

TYPE	NAME	LOCATION
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**SP Ninham Mountain SF** Carmel Moderate, 0.5 mi to firetower  
 NYS DEC 845-256-3000 <http://www.dec.ny.gov/lands/34773.html>

## PUTNAM COUNTY TRAILS

TYPE	NAME	LOCATION
HS	Constitution Marsh Audubon Society	Cold Spring Easy 2 mile boardwalk 845-265-2601 <a href="http://www.constitutionmarsh.org/">http://www.constitutionmarsh.org/</a>
HS	West Point Foundry Preserve Scenic Hudson	Cold Spring Easy 1 mile 845-473-4440 <a href="http://www.scenichudson.org/">http://www.scenichudson.org/</a>
HS	North Redoubt	Garrison Moderate 0.3 mile <a href="http://www.dmna.state.ny.us/forts/fortsM_P/northRedoubt.htm">http://www.dmna.state.ny.us/forts/fortsM_P/northRedoubt.htm</a>

TYPE	NAME	LOCATION
PP	<b>Michael Ciaiola Conservation Area</b>	Haviland Hollow Rd, Patterson 800 acres is Putnam's largest park; a popular destination is the great gorge waterfall.

CONTACT	PHONE	WEBSITE
Putnam County Parks	845-225-3650	<a href="http://www.putnamcountyny.com/parks/area/michaelcca.htm">http://www.putnamcountyny.com/parks/area/michaelcca.htm</a>

**Trails in Michael Ciaiola County Park; total 11.8 miles**

TRAIL NAME	DIFFICULTY	MILEAGE
Orange Trail	D	3.5
Red Trail	M	1.5
Blue Trail	D	1.0
Green Trail	M	1.5
Yellow Trail	M	1.5
Red White Triangle	M	0.5
Blue White Triange	M	0.3
Green White Triangle	M	0.5
Orange White Triange	M	1.0
Yellow White Triange	M	0.5

**OTHER RESOURCES** Weekend Walks; NY Walk Book

PP	Little Stony Point Little Stony Point Citizen's Assoc	Cold Spring Easy, 1 mile loop trail 845-265-7815 <a href="http://hvgateway.com/STONYPT.HTM">http://hvgateway.com/STONYPT.HTM</a>
PP	Manitou Point Scenic Hudson/Open Space Institute	Garrison Easy, 3.7 Weekend Walks; NY Walk Book 845-473-4440 <a href="http://www.scenichudson.org/">www.scenichudson.org/</a>
PP	Bog Brook Unique Area	Southeast East 0.4 to overlook <a href="http://nynjctbotany.org/lgtofc/nybgbrk.html">http://nynjctbotany.org/lgtofc/nybgbrk.html</a>
PP	Philipstown Park Town of Philipstown	Philipstown Easy, 0.5 mi. <a href="http://www.philipstown.com/22.pdf">http://www.philipstown.com/22.pdf</a>
PP	Manitoga Russel Wright Design Center	Garrison Moderate, 5 miles. Fee. NY Walk Book 845-424-3812 <a href="http://www.russelwrightcenter.org/">http://www.russelwrightcenter.org/</a>

TYPE	NAME	LOCATION
HS	Boscobel Boscobel Restoration, Inc.	Garrison Easy, 1 mile walk in woodland. Fee. 845-265-3638 <a href="http://www.boscobel.org/main.html">http://www.boscobel.org/main.html</a>

TYPE	NAME	LOCATION
LDT	Appalachian Trail NY-NJ Trail Conference	Bear Mt Bridge to Horton Difficult, 22.8 mile segment of famed trail 201-512-9348 <a href="http://www.nynjtc.org/">www.nynjtc.org/</a> NY Walk Book

TYPE	NAME	LOCATION
RT	Putnam Trailway Putnam County Department of Planning	Mahopac to Southeast Easy, 11 miles mostly paved 845-878-3480 <a href="http://www.putnamcountyny.com/planning/files/Putnam%20Bike%20path%20brochure%20%20map.pdf">http://www.putnamcountyny.com/planning/files/Putnam%20Bike%20path%20brochure%20%20map.pdf</a>

Note: SP=State Parklands; HS=Historic Site; RT=Rail Trail; UT=Urban Trails;  
PP=Park/Preserve; LDT=Long Distance Trail

# ULSTER COUNTY TRAILS

TYPE	NAME	LOCATION
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**SP MINNEWASKA STATE PARK PRESERVE** Kerhonkson

CONTACT	PHONE	WEBSITE
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NYS OPRHP 845-256-0579  
<http://nysparks.state.ny.us/parks/info.asp?parkId=78>

**Trails in Minnewaska. Total miles 25.9**

TRAIL NAME	DIFFICULTY	MILEAGE
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Beacon Hill Trail	D	0.8
Blueberry Run	D	2.2
Castle Point Carriageway	M	4.3
Gertrude's Nose Trail	D	3.4
Hamilton Point Carriageway	M	4.0
High Peterskill Trail	D	3.5
Lower Awosting Carriageway	M	3.0
Millbrook Mountain Trail	D	1.2
Upper Awosting Carriageway	M	3.5
Long Path	D	10.5

**MAPS** Shawangunk Trails Three-Map Set - January 2008 7th ed.  
<http://nynjtc.org/news/2008/srtmap.html>

**OTHER RESOURCES** NY Walk Book

TYPE	NAME	LOCATION
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**PP MOHONK PRESERVE** New Paltz

CONTACT	PHONE	WEBSITE
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Mohonk Preserve 845-255-0919 <http://www.mohonkpreserve.org/>

**Trails In Mohonk: 16.2 miles, plus many miles of carriageways, Fee**

TRAIL NAME	DIFFICULTY	MILEAGE
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Bonticou Crag	D	1.8
Millbrook Ridge	D	3.0
Overcliff Trail	D	5.4
Eagle Cliff Trail	D	1.7
Humpty Dumpty Rd	M	1.9
Labarynth	D	0.5
Sky Top Path	M	0.4
Sky Top Rd	M	1.5

**MAPS** Shawangunk Trails Three-Map Set - January 2008 7th ed.

**OTHER RESOURCES** <http://www.mohonkpreserve.org/index.php?hike>

Scenes & Walks in the Northern Shawangunks 2006. 3rd ed. Jack Fagan TC

New York Walk Book 2005, 7th ed. Revised. Dan Chazin, Ed. TC

TYPE	NAME	LOCATION
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**LDT Long Path** Ellenville into Catskills Difficult 72.3 miles

NYNJ Trail Conference 201-512-9348 [nynjtc.org](http://nynjtc.org)

**MAPS** Catskill Trails Map Set Five-Map Set - 2005 8th ed.

**OTHER RESOURCES**

Guide to the Long Path. May 2002. 5th ed. Revised 2005. Herb Chong TC

## ULSTER COUNTY TRAILS

TYPE	NAME	LOCATION
PP	<b>SAM'S POINT DWARF PITCH PINE PRESERVE</b>	Ellenville

CONTACT	PHONE
Nature Conservancy	845-647-7989
<a href="http://www.nature.org/wherewework/northamerica/states/newyork/preserves/art12207.html">http://www.nature.org/wherewework/northamerica/states/newyork/preserves/art12207.html</a>	

TRAIL NAME	DIFFICULTY	MILEAGE
High Point Rd	M	2.9
High Point Trail	D	2.3
South Gulley Trail	D	4.0
Long Path	D	3.2

**MAPS** <http://nynjtc.org/news/2008/srtmap.html>

**OTHER RESOURCES**

Scenes & Walks in the Northern Shawangunks 2006. 3rd ed. Jack Fagan TC  
 New York Walk Book 2005, 7th ed. Revised. Dan Chazin, Ed. TC

TYPE	NAME	LOCATION
SP	<b>CATSKILL FOREST PRESERVE</b>	

CONTACT	WEBSITE
NYS DEC	<a href="http://nysparks.state.ny.us/regions/catskill.asp">http://nysparks.state.ny.us/regions/catskill.asp</a>

**Trails in the Catskills: 94.4 very difficult miles**

TRAIL NAME	DIFFICULTY	MILEAGE
Overlook Spur Trail	D	2.4
Overlook Trail	D	1.4
Echo Lake Trail	D	0.7
Mink Hollow Trail	D	2.9
Phoenicia Trail	D	3.1
Warner Creek Trail	D	4.3
Willow Trail	D	2.6
Phoenicia East Branch Trail	D	9.8
Grand Ledge-Panther Mtn Trail	D	7.5
Peekamoose-Table Mtn Trail	D	7.5
Curtis Ormsbee	D	1.7
Wittenburg-Cornell-Slide Trail	D	9.1
Terrace Mtn Trail	D	0.9
Pine Hill-West Branch Trail	D	5.8
Seager-Big Indian Trail	D	3.0
Mine Hollow Trail	D	1.0
Lost Clove Trail	D	2.7
Dry Brook Ridge Trail	D	7.6
Neversink-Hardenberg Trail	D	4.9
Mill Brook Ridge Trail	D	5.9
Cathedral Glen Trail	D	1.7
Balsam Lake Mtn Trail	D	1.6
Ashokan High Point Trail	D	6.3
Long Path	D	37.0

Rigglesville to Mt. Trempor

Guide to the Long Path. May 2002. 5th ed. Revised 2005. Herb Chong TC

**MAPS** Catskill Trails Map Set Five-Map Set - 2005 8th ed.

**OTHER RESOURCES**

NY Walk Book  
<http://www.catskillguide.com/>; <http://www.catskillcenter.org/>

## ULSTER COUNTY TRAILS

TYPE	NAME	LOCATION
RT	<b>Hudson Valley Rail Trail</b> Hudson Valley Rail Trail Association <a href="http://www.roberts-1.com/bikehudson/r/west/lh_rt/index.htm">http://www.roberts-1.com/bikehudson/r/west/lh_rt/index.htm</a>	Lloyd Easy 5.0 mi. 845-691-2144

RT	<b>Walkkill Valley Rail Trail</b> Walkkill Valley Rail Rail Assoc	Gardiner to New Paltz Easy 12.2 mi. <a href="http://www.gorailtrail.org/mainframeset.shtml">http://www.gorailtrail.org/mainframeset.shtml</a>
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TYPE	NAME	LOCATION
UT	Kingston Community Heart Health Coalition	Kingston numerous street combinations 845-331-3131x3252

TRAIL NAME	DIFFICULTY	MILEAGE
Golden Hill	E	1.5
Dietz-Memorial Stadium	E	0.3
Manor Avenue	E	3.0
Hasbrouck Park	E	0.4
Kingston Hospital	E	3.1
Historic uptown	E	2.3
Forsyth Park	E	1.5
Benedictine Hospital	E	3.1
The Strand	E	1.8

TYPE	NAME	LOCATION
UT	Huguenot Trail	New Paltz Easy 1 mile historic walk

TYPE	NAME	LOCATION
PP	<b>Black Creek Preserve</b> Scenic Hudson <a href="http://www.scenichudson.org/oldsite/parks/shparks/blackcreek/blackcreek_trail.pdf">http://www.scenichudson.org/oldsite/parks/shparks/blackcreek/blackcreek_trail.pdf</a>	Esopus Moderate 2 mi, 2 trails 845-473-4440
PP	<b>SHAUPENEAK RIDGE</b> Scenic Hudson	<b>Esopus</b> 3.5 miles of trail 845-473-4440 <a href="http://www.scenichudson.org/">http://www.scenichudson.org/</a>

Note: SP=State Parklands; HS=Historic Site; RT=Rail Trail; UT=Urban Trails;  
PP=Park/Preserve; LDT=Long Distance Trail